

External Utilization Review

What is Utilization Review?

- Process of assessing delivery of services to determine if care provided is
 - Appropriate
 - Medically necessary
 - High quality
- Includes review of appropriateness of
 - Admissions
 - Services ordered and provided
 - Length of stay
 - Discharge practices
- Concurrent and retrospective basis.



External UR (cont'd)

Current External UR for Psychiatric Inpatient Services

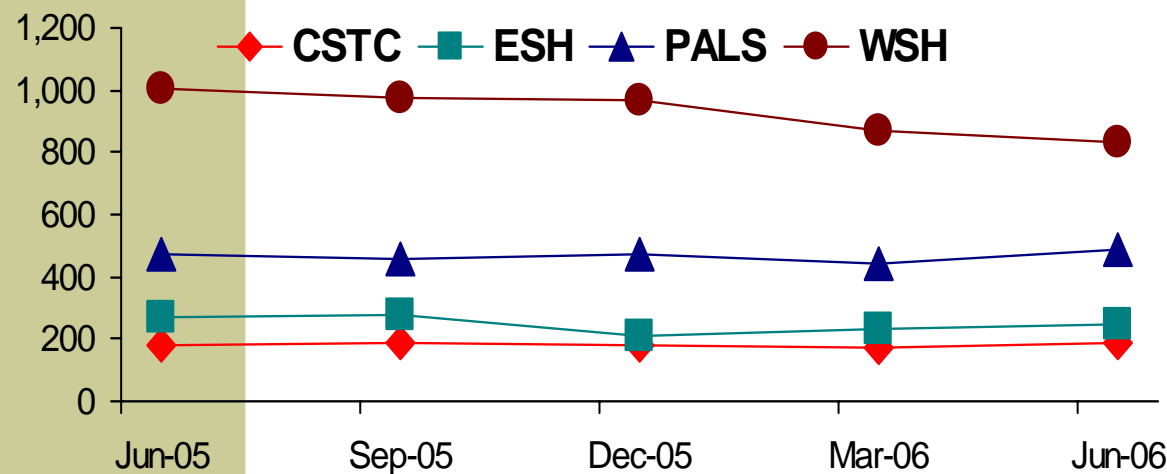
- RSNs required by contract to do UR for community inpatient days
- No external UR for State Hospital days (State Hospitals conduct their own UR process)



Objective: Patient Care is Recovery Based and Non-coercive

State Hospital Average Length of Stay for In-Resident Civil Population

Average Length Of Stay for In-Resident Civil Population



Analysis

- Western average length of stay is 4 times the other hospitals
- Average LOS is slowly declining at Western State Hospital
- Eastern state hospital's stays may be shorter because it houses more 72 hour and 14-day ITA commitments

External UR (cont'd)

Scope of Planning Activities

- Establish acuity levels to be supported in community settings
- Develop sampling methodologies & processes for independent review of 90 and 180 day commitments
- Include State and community inpatient settings
- Identify resources required for statewide implementation
- Draft RFP for External UR services



External UR (cont'd)

Expected Benefits

- Prevent over and under utilization of inpatient care
- Increase RSN & provider accountability
- Improve consistency for consumers throughout the state
- Identify state and local community resource gaps



External UR (cont'd)

Brainstorm:

What are some key issues in the development of an external UR process that should be considered?



External UR (cont'd)

External UR Questions in consideration for January Forum

- What advantages or benefits do you see in an external UR process?
- Do you have any concerns or issues you think we should keep in mind in considering an external UR process? How would you know that your concerns have been addressed?
- Where do you think the greatest benefit of an external UR process will be – community hospitals, state hospitals, or both?

